

# **New Jersey Mental Health Planning Council (MHPC)**

## **Meeting Minutes**

**May 9, 2012**

Notices to announce the date, time and location of this meeting were sent out to the following news outlets: *Newark Star-Ledger*, *Asbury Park Press*, *The Times* (Trenton), *Bergen Record*, *The Press* (Pleasantville), and the *Courier-Post* (Cherry Hill)

### **Attendees:**

Jacob Bucher	Winifred Chain	Lisa Negron (phone)
Helen Williams	Damyanti Aurora	Donna Best
Julian Fowler	Karen Carroll	Patricia Dana
Gregory Karlin	Ronald DeFeo	Maryann Evanko
Marilyn Goldstein (phone)	Ana Guerra (phone)	Michael Ippoliti
Barbara Johnston	Gail Mesavitch	Phil Lubitz
Christopher Lucca	Patricia Matthews (phone)	Tracy Maksell (phone)
Hazeline Pilgrim (phone)	Thomas Pyle	Robin Weiss
Harry Coe (phone)	Shauna Moses	Marie Verna

### **DMHAS, DCBHS & DDD Staff:**

Geri Dietrich	Pat Bernabe	Mark Kruszczyński
Donna Migliorino	Dona Sinton	

### **Guests:**

Louann Lukens	Rachel Morgan (phone)	Joanne Oppelt
Dave Sedar		

- I. Administrative Issues/Correspondence/Review of Previous Minutes
  - A. Minutes from the April meeting were reviewed and approved with the edit to correct Michael Ippoliti's name
- II. Announcements
  - A. This is National Foster Care Month and Children's Mental Health Awareness Week. DCBHS mailed out green ribbons in recognition of the week to their system of care
  - B. May is also Mental Health Awareness Month and NAMI NJ will be doing a walk in Seaside Park
  - C. CSP was awarded a Transformation Transfer Initiative Grant to coordinate wellness coaching for older adult training. It will prepare a peer workforce to meet the health and wellness needs of older adults who encounter mental health and substance use disorders.
  - D. UBHC Quality Improvement fair is free and being held on June 14 in Somerset
  - E. The Department of Education has a project to work on courses to prepare programs of study to prep students for jobs post high school to work in residential healthcare
  - F. Michael Ippoliti received an advocacy award at the recent Evening of Excellence Awards

- G. Tom Pyle will teach a course on family and psychiatric rehabilitation; reach out to him if interested in helping
  - H. There was also recently in the news word of a homeless man with schizophrenia in California who was beaten by police that is now going to trial. This situation could be served by crisis intervention training and Phil Lubitz asked that this be discussed with the advocacy subcommittee
  - I. Phil announced that Leah Barhash has submitted her resignation
- III. Waiver Subcommittee Updates - Phil Lubitz
- A. The meeting that was to occur on June 1, 2012 has been pushed back to June 15
- IV. Subcommittee Reports
- A. Advocacy Subcommittee
    - 1. The notes from the last meeting are in your handout; it was a getting to know you meeting and we received our charge.
    - 2. Discussed 3 areas of interest
      - a. Consumers in boarding homes be considered at risk
      - b. Ensuring consumers are part of the upcoming federal block grant monitoring visit
      - c. Workforce development
    - 3. We will come together again today to bring more issues
  - B. Membership Subcommittee
    - 1. Met at 9 am today and will meet again in August
    - 2. Leah resigned as Phil mentioned and we also sent notification letters to two other members with low membership attendance
    - 3. We approved the membership request of Joanne Oppelt who is here today as a guest and we will send our recommendation to the Assistant Commissioner for formal appointment
    - 4. The appointments by the Governor's office are still pending and we have recommended Michael Ippoliti to be on the Community Mental Health Services Board
    - 5. We do still plan on handing out training manuals to new members
- V. Mental Health Block Grant Monitoring Visit – Donna Migliorino
- A. The visit is July 10 through July 12, 2012 and the Planning Council will meet with them on July 11, 2012
  - B. Materials were handed out for review
  - C. Marie Verna – We had heard last month that there would be no consumers on the panel. Donna - We've been told that there will be a consumer and mental health expert on the panel as well as a fiscal reviewer in addition to our program officer and some other SAMHSA representatives. They initially wanted to send the fiscal reviewer out in August when the Substance Abuse Core Technical Review is being held but we declined since we were not a merged Division during the year being reviewed.
  - D. The prompts are aligned with the 2012 application but we are being reviewed on 2011 so Donna has been working with them to develop the agenda that would reflect the requirements for 2011 and show what we are doing toward meeting the

- E. Question – Phil Lubitz – This review is our first review in the new wave of reviews. Answer – yes
- F. Donna gave an overview of the site visit and reviewed the handout. For children, the portion of the block grant DCBHS receives goes towards the set-aside. The Block Grant creates a State Plan for youth and adults
- G. We maintain compliance by submitting reports and regularly attending the annual Block Grant meeting which is being held this year July 30-August 1, 2012 and having Block Grant reviews and site visits.
- H. The purpose of the visit is to monitor expenditures, assess compliance, identify strengths and focus on opportunities for improvements and technical assistance
- I. State staff are prepping right now for the visit and will pull Planning Council members into later meetings to prepare
- J. Marie Verna- How do you track grievances? Answer- the patient Service Compliance Unit does that. Geri Dietrich also responded that for youth PerformCare tracks those
- K. Jack Bucher – we did well at last site visit. Donna – Yes, the reviewers were very impressed with the Planning Council last time and members involvement with other groups.
- L. Phil Lubitz – What is the Status of the WRAP? We are looking for an assessment of the accomplishments of that plan. Dona – we hope to have it completed by the visit.
- M. Dona Sinton will create the annual reports for 2011 and 2012 using the minutes from meetings.

VI. DCBHS presentation – Jeff Guenzel via phone

- A. Jeff described what DCBHS will look like in 2013 if the budget passes; while there is a lot that we are uncertain of we know what we are envisioning
- B. We are moving aggressively to have a single point of access for families for services for substance abuse, mental health and developmental disabilities that is integrated but allows for specialized services for dual diagnosis. This should be easier for families. We have been working with DDD and DMHAS to plan. January 1 2013 is planned date for the system. July 1, 2012 we will merge out of home for DD children. The goal is no wrong door for families. While the waiver is not approved yet nor budgeted but we are working towards our goal of integrated care.
- C. Tom Pyle – What is an out of home service? Where do I get information? Where do kids go? How does the State support that effort? Jeff – Family has a child and gets connected to CMO to look for out of home placement and to get them options. We do have information on our website and PerformCare’s website. Right now it is complicated for families. We clearly do have families that will access hospitalization out of state. We are in the process of looking at that data now for residential placements for youth who used to go to Brisbane. We have 5 children currently in long term care out of state.
- D. Phil Lubitz- Should the waiver be approved, will PerformCare also manage lower level intensity needs kids? Jeff- Waiver looks promising and is progressing.

PerformCare will manage care for a broader group of youth and youth with Medicaid with services like outpatient, partial care, partial hospital and inpatient. Our goal is not to reduce access. Clinics and families will be able to access services like now.

- E. Phil Lubitz- Will that include substance abuse treatment? Jeff – Yes. It’s worked on in a separate track. All substance abuse services currently publically funded for youth will be managed by PerformCare.
- F. Is it kids up to 21 or 18? Jeff - For mental health and substance abuse kids it is up to 18 and then up to 21 for those already in the system. For DD kids its 21.
- G. Jeff - Over the next year we will resolve some issues to change mental health and substance abuse regulations so it is 21 all around.
- H. Marie Verna- I have some consumers who fall into this category. Will there be a bridge system for these emerging adults? Jeff - Lots of effort is going into this group. Yes in the sense that the Office of Adolescent Services is in DCF. We are working to figure out how to serve this population better.
- I. Ron DeFeo – Timeframes for outpatient; is it three months and then maybe a formal authorization would be stopped after that time? Jeff - our goal is that outpatient keeps kids in the community. We don’t want to reduce that or cut it off. We have no intention of limiting outpatient.
- J. PerformCare information is at [www.performcare.org](http://www.performcare.org) or by phone at 877-652-7624

## VII. Planning Activities and Recommendations – Phil Lubitz

### A. Topics for future meetings

- 1. Margaret is on leave so we haven’t been able to ask for a presentation on self-help centers yet or talk about the SCAC
- 2. Pat Matthews will present on older Americans activities at June meeting
- 3. State Family Support plan once published can be presented (probably August)
- 4. Lynn or Steve will be asked to present on final budget in August or September
- 5. Donna will provide an update on the status of Block Grant Monitoring Visit at the June meeting

### B. Budget projections are off based on April actual receipts so we should all pay attention

### C. Involuntary Outpatient Commitment awards

- 1. Five awards totaling \$1.7 million were issued and there will be one more RFP. The awards cover Hudson, Union, Warren, Burlington and Essex counties. The proposed budget has \$2 million for an additional 7 programs.

## **Next Meetings on 6-13-12**

Advocacy Subcommittee: **9:00** Room 378

MHPC General Meeting: **10:00-12:00**, Room 336

Olmstead Advisory Committee: **noon**, Room 378